



World Reflexology Week

Sept. 21st - 27th, 2008

Wisdom Reflexology



*“Don't Forget Their Feet—”*

### A Shoe and Boot Drive

Donate **New** or **LIKE** new shoes and boots for kids in need.

Drop Off Locations:

**Rumors Salon**

Ken's Corner, Clinton

**Living Green**

2nd St., Langley

**Wisdom Reflexology**

Harding Ave., Clinton

Primary and Intermediate **South Whidbey Public Schools**

Go through those closets!

Check out the new shoes at Good Cheer and Senior Thrift!

**100% Proceeds go to the "Readiness to Learn Foundation"**

**S. Whidbey Family Resource Center**

**“Relieve Your Stress and Theirs!”**

**15 minutes for \$15**

*Stressed?*

*Want to experience **hand** or **ear** reflexology?*

9/22 **Useless Bay Coffee, Langley**

Hand Reflexology

11am –2pm

9/23 **Rumors Salon, Clinton**

Ear Reflexology

11am—3pm

9/24 **Llynya's, Freeland**

Ear Reflexology

12pm—3pm

Contact *Wisdom Reflexology* at

360-632-4186 to reserve your session

*Self-Care for Pain Management with Ear Reflexology*

Friday Sept. 26, 2008

7pm—8:30 pm

**Mastery Certified Ear, Hand and Foot Reflexologist, Nydia Stephens**

will demonstrate a few simple techniques for assisting with pain management for neck and back.

Seating is limited. **Reserve** your chair today! (360) 632-4186

**Suggested donation:** a new pair of children's shoes or cash is good too.